



*pain that develops after surgery and persists for at least 3 months



Pain

- Pre-existing chronic pain condition
- High pain intensity after surgery
- Poorly controlled postoperative pain



Medication

- Preoperative opioid use
- Antidepressant or anxiolytic use
- Current or past substance misuse



Surgical

- Longer surgery; 'open' approach
- Poor preventive analgesia; inflammation
- Damage to nerves during surgery



Psychological

- Anxiety, depression, distress, PTSD
- Fear of surgery and pain
- Catastrophic thinking about pain



Social

- Poor social support
- Reinforcement of pain behaviours



Individual

- Female gender
- Younger age